



Cambridge Gymnastics Club

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COVID-19 PROTOCOLS TERM 4 2021

Hello to all our wonderful gymnastics families. Thank you so much for your patience and support as we navigate the current situation.

We are excited to finally re-open all classes next term from **18th October!!**

Below are the protocols we have put in place to ensure everyone's safety. Please read through carefully, particularly the drop off and pick up requirements.

These procedures follow the guidelines set out by Sports NZ and Gymnastics NZ, based on advice from the government. Outside the gym a 2m social distancing must be maintained. Once members and coaches are inside the premises this is not necessary. Masks are optional for members and coaches. While coaches spotting/close contact is allowed for safety purposes, this will be restricted as much as possible while still keeping everyone safe.

1. No-one is allowed inside unless they are enrolled in a class – only coaches and enrolled members. This means **no spectators**. The exception to this is all KindyGym classes, parents of under 5year olds still need to enter and assist their child. You must scan the Covid Tracer app upon entry.
2. Parents are to drop members outside the gym and not walk them to the door, this is to help maintain social distancing.
3. Entry will be via the brown metal door, exit through the glass door.
4. A coach will be at the metal door at the beginning of each class to mark attendance.
5. Anyone not on the roll will be handed a contact form and asked to return at a later date once they have enrolled.
6. Everyone must wash hands and sanitise upon entry.
7. The entry door will be locked once class is in session to prevent members arriving early and entering before a coach is stationed on the door.
8. For minor first aid we will have masks and gloves available for coaches to respond safely. For anything more serious we will follow our current procedures of contacting parent/caregivers and providing medical assistance if deemed necessary.
9. Classes will stop 5 minutes early to allow sanitising time between sessions – older children will assist with wiping down the equipment, younger children will warm down on the sprung floor away from the equipment.
10. For pick up parents/caregivers are to wait in the car park area and maintain a 2m distance from each other. A coach will be stationed at the door to let children out to their caregiver.
11. All parent communication with coaches needs to be via email or [Facebook messenger](#).

Thanks everyone, and please don't hesitate to get in touch with any concerns or questions