cambridge Gymnastics Cla

Hurray we will soon re-open all classes! Thank you to all our amazing members for your patience. We decided to cancel our second TeamGym and Tumbling competition that was scheduled to run during the October school holidays due to the uncertainty of the current situation. Birthday Parties are still on hold as well.

We look forward to having as many members as possible return next term before the long summer break



Term 4

2021

Key Dates:

- **19 Oct** First day of term (alert level dependant)
- 6 Nov Thames TeamGym & Tumbling competition
- **5 Dec** Cambridge Christmas Parade
- **12 Dec** Prizegiving & AGM

COVID PROTOCOLS

We trust you have read through our revised structure for operating in Alert Level 2. The key point to note is that only **enrolled members and coaches** are allowed into the building (except for parents of KindyGym members - preschoolers still need a parent or caregiver accompanying them). Each child will be marked off the roll at the door, if your child is not enrolled they will not be allowed to enter so please do not be offended if your child is turned away. With limited coaches this term we do not have the flexibility of allowing extra children to turn up.

COMMITTEE MEMBERS NEEDED

Committee Members <u>URGENTLY</u> required

By the time of our AGM in December the club will have only 3 standing committee members, and this is simply not enough to keep the club running efficiently. Please consider offering your time and expertise to help keep things moving forward smoothly. As always, the more people that offer, the lighter the load on any one person, so please consider this even if you are only able to offer a small amount of time. Please don't wait until the AGM, as it is always better to have time to learn off outgoing members.

Please get in touch to find out more details.

Term 4 2021 Page 1 of 4



Our club is growing rapidly and with this increase comes the need to expand our coaching base. The successful applicant would preferably have coaching experience in either Gymnastics or Dance, or teaching experience, and will join an enthusiastic & supportive team of coaches.

Hours of work are part time on weekdays, mainly in the evenings between 3:30 to 8pm. We encourage & support coaches to attain Gymnastics NZ coaching qualifications.

To apply please email the club

Come join our committee

A number of committee members are stepping down at the end of this year, so in order to keep our club running we need your help!

Positions needing to be filled:

- Treasurer
- Administrator (paid role)
- Secretary (agenda & minutes of monthly meetings)
- Grants Officer (apply for funding grants)
- Fundraising Officer (fundraising projects & events)



Artistic Squad (MAG & WAG)

If you have a gymnastic who is interested in moving into a competitive squad, the Pre-Comp class will prepare them for the 2022 season.

Feel free to get in touch for more information.

ENTERTAINMENT BOOK

The Entertainment Book is now only available as a digital option. This is really easy to use and at a click of a button it will tell you all the available offers in your location.

To support our club you can purchase your copy here: https://www.entertainmentbook.co.nz/orderbooks/15z4239



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FUNDRAISING WITH





Cambridge Gymnastics Club

www.cambridgegymnasticsnz.co.nz email: cambridgegymnasticsnz@gmail.com

COVID-19 PROTOCOLS TERM 4 2021

Hello to all our wonderful gymnastics families. Thank you so much for your patience and support as we navigate the current situation.

We are excited to finally re-open all classes next term from 18th October!!

Below are the protocols we have put in place to ensure everyone's safety. Please read through carefully, particularly the drop off and pick up requirements.

These procedures follow the guidelines set out by Sports NZ and Gymnastics NZ, based on advice from the government. Outside the gym a 2m social distancing must be maintained. Once members and coaches are inside the premises this is not necessary. Masks are optional for members and coaches. While coaches spotting/close contact is allowed for safety purposes, this will be restricted as much as possible while still keeping everyone safe.

- No-one is allowed inside unless they are enrolled in a class only coaches and enrolled members. This means **no spectators**. The exception to this is all KindyGym classes, parents of under 5year olds still need to enter and assist their child. You <u>must</u> scan the Covid Tracer app upon entry.
- 2. Parents are to drop members outside the gym and not walk them to the door, this is to help maintain social distancing.
- 3. Entry will be via the brown metal door, exit through the glass door.
- 4. A coach will be at the metal door at the beginning of each class to mark attendance.
- 5. Anyone not on the roll will be handed a contact form and asked to return at a later date once they have enrolled.
- 6. Everyone must wash hands and sanitise upon entry.
- **7.** The entry door will be locked once class is in session to prevent members arriving early and entering before a coach is stationed on the door.
- For minor first aid we will have masks and gloves available for coaches to respond safely.
 For anything more serious we will follow our current procedures of contacting parent/caregivers and providing medical assistance if deemed necessary.
- **9.** Classes will stop 5 minutes early to allow sanitising time between sessions older children will assist with wiping down the equipment, younger children will warm down on the sprung floor away from the equipment.
- 10. For pick up parents/caregivers are to wait in the car park area and maintain a 2m distance from each other. A coach will be stationed at the door to let children out to their caregiver.
- 11. All parent communication with coaches needs to be via email or Facebook messenger.

Housekeeping



PARKING

Please be mindful of kids walking in and out of the gym when driving in our parking area.

WATER

All gymnasts should be bringing their own water bottle to class. There are cubby holes to put them in and coaches will always encourage them to take a drink break.

SICKNESS

Please do not bring your child to class if they are unwell or have been exposed to any Covid places of interest.

FEES

Term fees are due by the end of the first week of class. If fees are not paid by the end of the second week and you have not made alternative arrangements with us, your child may be asked to stand down for the session.

Friends of the Committee

Want to help out but don't have much spare time?

In today's world it can be hard to find time to 'give back'. We are first and foremost a volunteer club, so the support of our members is an important part of our club being a success. Therefore we are introducing **Friends of the Committee**. You can give as much or as little time as you like, any amount of time is appreciated. Friends of the Committee gives the chance to be part of our club without having to attend monthly meetings! Simply let us know your name, and If there's a particular area of help you'd like to offer please let us know about that too (eg fundraising, cleaning bee, marketing, help with events...) *We look forward to hearing from you!*

Our Mission Statement

Cambridge Gymnastics Club is a not for profit organisation and has been a part of the Cambridge and Waipa community for over 50 years. Its mission is to offer quality gymnastics movement programs to the community regardless of age or ability. To be staffed by passionate, qualified coaches, supported by a strong dedicated Management Committee. We are committed to ensuring all participants have a safe, fulfilling and affordable experience in our facility.