



Cambridge Gymnastics Club

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CORONAVIRUS UPDATE

Dear Gymnastics Families

We would like to assure you that we are paying close attention to the Covid-19 situation and taking measures to keep you and our team healthy.

We've added hand sanitisers by the gym floor which coaches are using regularly, and are in the process of putting more in place for members to use. We are sanitising the equipment before and after every session. We have also adjusted parts of our programme to minimise close contact and shared contact of equipment.

We are being regularly updated by both Gymnastics NZ and Sport Waikato and will continue to follow their guidelines. Sport Waikato's recommendation is that for the sake of our physical, mental, social and spiritual health the community continues to remain active, but does so in a socially responsible way – minimise large group gatherings where possible, and keep up to date with and follow the guidelines from the [Ministry of Health](#). Ensure that you also follow the recommended preventative measures including washing hands and minimising personal contact, which you can find [here](#).

Therefore at this stage all classes are running as usual, however as you can appreciate this could change at any moment. Closures will be notified by email and Facebook, so if you don't already 'like' our [Facebook page](#) now may be a good time to do so. Even though we are continuing classes, it is of course your choice whether your child/ren attend or not. In this current situation we only require notice of non-attendance if it is for a TeamGym class.

What we ask of you:

- Please keep your child home if they or anyone in your family is unwell.
- Ask your child to use our hand sanitisers as they enter the gym floor at the beginning of their class.
- Regularly remind your child about the recommended hygiene measures, including not sharing water bottles and thorough hand washing.

Thank you for your support and please don't hesitate to get in touch if you have any concerns. We hope you and your families remain safe and well.

Kind regards
Cambridge Gymnastics Committee